

JUNIOR LEARN TO SAIL AT MURITAI YACHT CLUB

WHEN IS IT HELD?

Starting Monday October 18th for 10 weeks, from 4.30 pm to 7pm

Second Course runs from February 2022

WHAT AGES?

The course is for 9 to 15-year-olds.

WHAT YOU WILL LEARN?

The course covers key introductory skills and techniques of sailing. You will work towards achieving the Yachting New Zealand Level 1 Certificate. Course content is detailed in a **Sailing Logbook**, provided as part of the course. Each logbook has room for notes and is a great way to keep track of what you have learnt. Bring it along each week and keep it dry!



WHERE IS IT HELD?

The Muritai Yacht Club on Marine Parade by Rona Wharf is the hub of the action. Sailing is a great mix of practical and mental skills so there will be time on the water and in the classroom. However, whenever the weather is suitable, we will **always** be on the water, meet at the Yacht Club unless otherwise advised.



WHAT GEAR DO YOU NEED?

- A buoyancy vest (or lifejacket) is essential
- Parka or windbreaker, sunscreen
- Wetsuit and polypropylene or wool
- Wet shoes or old sandshoes
- Towel and warm, dry clothes to get changed into after sailing
- A bag or bucket for putting wet gear in

WHAT DO WE PROVIDE?

- Club boats – Optimists and RS Feva's
- A Helmet
- Great NZ Yachting Assn qualified coaches
- Coaching for the rest of the season if you decide you want to keep sailing
- FUN!

WHAT DOES IT COST?

\$350.00 which includes the 10 weeks of coaching plus your MYC membership for the season.

WHERE TO AFTER THE COURSE?

The overall aim is to get the sailors to a level where they can sail around a racecourse and join in Club racing. This means they can come and sail on a Saturday with the rest of the club. We encourage all our juniors to come along on a Saturday as there is opportunity to come out and watch racing and maybe get to sail with one of the senior members.

SAILING IS NOT A DROP 'EM AND LEAVE 'EM SPORT

Of course, we teach and want the kids to do as much as they can. But when it comes to getting the boats out of storage, rigging, launching, retrieving, de-rigging, wash down and re store they can do with a little muscle to assist. Supporting launching and retrieving on the beach is particularly important for safety reasons. So every sailor who signs up needs a "support team" to come along with them, ready to roll up their sleeves and trousers (or even get in a wetsuit, and get ready to get wet!) There's opportunity to come out on the rescue boats to watch and it's a wonderful opportunity learn something new with your child. We promise you will build memories neither of you will ever forget!



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